The Labyrinth Difference

We know from research that the single most important factor in counseling effectiveness is the relationship between you and your provider. How to know whom to choose? It's not always possible to make a good choice without meeting face-to-face, but you can better the odds by starting with The Labyrinth Institute, a select group of professionals who all have the following qualifications:

- Expertise in treating a wide range of mental health issues
- Experience with diverse populations
- Outstanding clinical skills
- Empathy and compassion
- Commitment to your success

Call or email any of us directly to learn more about how we can help.

info@lab-inst.com • (303) 357-1689

In your neighborhood!

Caring, compassionate, creative behavioral health solutions.

The Labyrinth Institute, PLLC
2687 North Park Dr., Suite 103
Lafayette, CO 80026

info@lab-inst.com
(303) 357-1689

www.lab-inst.com

Situated in beautiful Forest Park Village at the southeast corner of Arapahoe Road and 95th Street, our office is easy to access from either Arapahoe or 95th and offers ample free parking.

Learn more at www.lab-inst.com
Welcome to The Labyrinth Institute!

We are a group of caring clinicians practicing together to achieve optimal behavioral health for clients like you. You deserve the best, especially when life becomes challenging.

The Labyrinth Institute combines the excellence each member contributes in his or her area of expertise. We are all experts in our respective fields and have been tested in the most difficult and challenging circumstances.

Keep reading or go to our website to learn about who we are and how we can help. You are only a phone call or email away to a healthier, happier life.

CARING
COMPASSIONATE
CREATIVE

The Labyrinth represents the intertwined nature of the journey and the goal in healing ... the means incorporates the end, the walk is the meditation. Therapy involves both journey and goal. We are here to support you through the walk by providing the hand to guide you, the heart to support you, and the momentum to carry you to your goal.

At Your Service

The Labyrinth team covers a wide range of behavioral health needs. If, however, you need services beyond our scope of practice, we are well-connected within the community and are happy to refer you to appropriate outside services. Don’t see it here? Just ask!

Lesley Cunningham, MA, LPC
Serving families, couples, and adolescents
Relationship and attachment specialist
lesley@lab-inst.com • (720) 509-9832

Your conflict, whether your own internal conflict, family conflict, divorce, ’tween-teen/parent conflict, or couples is a concentrated focus and captivating challenge for me. Low or high conflict, we will develop a plan, kindling the desire to act with integrity to resolve, understand and work toward an answer and possible resolution.

Alexandria Hayes, MA, LPCC
Serving adults
Therapist and trauma specialist
alex@lab-inst.com • (720) 588-3639

If you are experiencing a temporary setback, revisiting an old problem, or struggling with ongoing dissatisfaction, my goal as a therapist is to help you overcome these challenges. By recognizing and reinforcing your strengths and identifying the goals you have for your life, we can work together to help you become your best self.

Lavinia Ball-Marian, MA, LPC
Serving families and children ages 2-12
Attachment specialist
lavinia@lab-inst.com • (720) 432-7475

Working with children and families is my passion and focus. You are likely reading this because you are ready to start a journey that is going to bring change to your life and help you. I am here to support you in this process and I promise you that I will be walking next to you on the path of healing.

Jaime Davila, MA, LPC, NCC
Serving men and male adolescents
Relationship specialist; bilingual Spanish
jaime@lab-inst.com • (720) 340-2799

If you and your teenager are experiencing high stress and conflict, I can help. You both need to have a voice, feel understood, and have someone dedicated to helping you maximize your emotional well being. I draw on diverse life experiences to help men and teens navigate the challenges of being a man in today’s complex society.

Peter Lear, MSW, LCSW, RYT
Serving adults and adolescents
Therapist and addiction specialist
peter@lab-inst.com • (303) 981-7227

If you are experiencing anxiety, mood problems (including depression), addiction, relationship problems, or behavioral issues, you can choose the pain of stagnation or the discomfort of growth. I am here to facilitate your growth, from which you can develop a greater sense of joy, peace, connectedness, and purpose.

Learn more at www.lab-inst.com